

Date	<p style="text-align: center;">BSRM Silver Jubilee Cycle Ride</p> <p style="text-align: center;">★ 25 <i>Lands End to John O Groats – 22 May – 7 June 2009</i> ★ 25</p>	Distance
22 May Friday	Cornwall: Penzance → Land's End → Penzance	25
23 May Saturday	Penzance → Wadebridge → Tintagel	70
24 May Sunday	Tintagel → Boscastle → Bude → South Molton (Devon)	60
25 May Monday	South Molton → Bridgewater → Cheddar (Somerset)	68
26 May Tuesday	Cheddar → Saltford → Chepstow (Gwent) → Coleford (Forest of Dean)	64
27 May Wednesday	Coleford → Ross on Wye → Leominster → Ludlow → Much Wenlock (Shropshire)	73
28 May Thursday	Much Wenlock → Mkt Drayton → Aston (Cheshire) → Middlewick	62
29 May Friday	Middlewick → Knutsford → Broomeage (Greater Manchester) → Chorley → Bashall Eaves (Lancs)	66
30 May Saturday	Bashall Eaves → Burton in Lonsdale (Nth Yorkshire) → Orton/Dufton/Langwathby (Cumbria)	~ 65
31 May Sunday	Orton/Dufton/etc → Brampton → Hethersgill → Langholm (Dumfries Lothian)	~ 60
1 June Monday	Langholm → Eskdale Muir → Ettrick → Peebles → Howgate → Auchendinny (Tayside)	64
2 June Tuesday	Auchendinny → Edinburgh → Forth Road Bridge → Drum → Crieff (The Grampians - tough)	66
3 June Wednesday	Crieff → Luncarty → Caputh → Dallas → Blairgowrie → Braemar (Macbeth)	62
4 June Thursday	Braemar → Balmoral → Grantown-on-Spey → Dava → Dulsie → Cawdor	75
5 June Friday	Cawdor → Culloden → Kessock Bridge → Dingwall → Boner Bridge → Lairg (Crask Inn)	75
6 June Saturday	Lairg → Altnaharra → Melvich → Thurso	70
7 June Sunday	Thurso → John O'Groats → Thurso	40
	En Route Total	1065
	Getting Lost Total , Puncture Total	?? may buy a GPS