

West Midlands Neuromuscular Specialist Clinic

Introduction

The West Midlands Rehab centre made a strategic decision in 2003 to replace its existing services with interdisciplinary specialist clinics. The desire was to have evidenced based tailored services for specific client groups which would meet the needs of users. The specialist Neuromuscular clinic started on 1st December 2005, based at the West Midlands Rehabilitation Centre. It has quickly grown from 42 patients in year one to 106 patients and continues to grow.

Referrals are accepted from the West Midlands region, and consists of patients with a primary muscle (muscular dystrophy) or nerve (polio, CMT) condition aged 16 and up. Referrals are accepted from any health and social care professional and patients.

There are currently 2 clinics per month where the team use a problem solving approach and identify goals agreed with the patient. Our role includes signposting patients to appropriate local services e.g. Orthotics/ Counselling and liaising on their behalf with local services (e.g. Social Care and Health). Patients can be seen at home if needed.

Governance

We hold monthly team meetings to address management and CPD issues. We have set up a user group to support the development of the Neuro-muscular Clinic. The establishment of a database of patients will support future research and audit of the service. We recently completed a user satisfaction questionnaire, the SERVQUAL Questionnaire and plan some improvements as identified in this Questionnaire.

Internal partners at WMRC

- Orthotics
- Wheelchair service/ P&M
- SALT
- Information Service on Disability (ISD)
- Access to Communication and Technology (ACT)
- Clinical Psychology
- Counselling

External links

- Other Neuromuscular rehabilitation services
- Muscle clinic QE Hospital, Birmingham
- Cardiac/ Respiratory services
- Voluntary organisations/ Charities
- Dietician
- Orthopaedic Clinics/ Pain clinics
- Social Care and Health
- Children's Neuromuscular services
- Housing Organisations

Team

- Dr Martina Walsh, Consultant Rehabilitation Medicine
- Deborah Harris, Occupational Therapist
- Belinda Searle, Physiotherapist
- Rachel Hall, Clinic Co-ordinator

24 hr answer phone (0121) 6278148

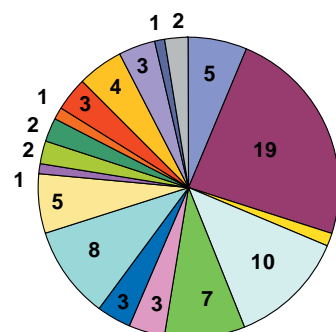
Outcome measures

- Derby pre-clinic Questionnaire which we send to patients before the clinic
- Epworth sleepiness scale
- SF 36

Future aspirations for clinic

- Explore the possibility of provision of tailored exercise programmes
- Possible hydrotherapy groups
- Actively promote healthy lifestyle choices
- Increase participation through links with local services

Clientele Served n = 80



- DMD
- Polio
- Essential tremor
- FSHMD
- CMT
- AOA2
- SMA
- Per neuropathy
- Limb girdle MD
- Hallervorden Spatz
- Guillain Barre Syn
- EDMD
- Becker's MD
- Myositis/myopathy
- Freidrich's ataxia
- Huntington's chorea
- Thoracic dysplasia
- MND