



NEWSLETTER

May 2009

British Society of Rehabilitation
Medicine
c/o Royal College of
Physicians
11 St Andrews Place,
London NW1 4LE
admin@bsrm.co.uk
www.bsrm.co.uk

Further details of Silver Jubilee cycle ride inside – 22 May - 7 June 2009

President's Report

It is Spring 2009 and the credit crunch, the derailment of our financial services, is beginning to exert its toll. The private sector is unhappy, employment in the major industries that are still functioning is falling and demand and productivity are low. The major effects on the public sector will be delayed until after the next general election, giving us all some time to try and prepare for future pressures. In spite of these woes which are particularly hard felt in Ireland, Dublin is planning to give us a splendid meeting in May with a full Irish welcome, and I hope many of you have booked your places.

Achieving the correct tariff for our specialist services remains the hot topic and most of us will now have collected approximately 12 months of data. Those units that have negotiated rehabilitation contracts for each inpatient episode may be advantaged in the data collection process, but I suspect we have all had a steep learning curve in the difficulties posed by the requirement to collect additional data, perhaps without administrative support. Collectors of data must ensure they have satisfied the requirements of their employing organisation first before they share their data or they could be in breach of contract. Everyone must also take care to anonymize it according to instructions. The outcome will not be clear for some time and in the interim I suggest that all units continue to collect data in anticipation of the introduction of a National Tariff for specialist rehabilitation graded according to complexity. My experience of a Foundation Status Trust is that the more data we can collect the better, because our Trust data collection system has been shown to have many flaws.

Consultation business has remained brisk and the BSRM has provided reliable and helpful evidence to the NICE concise guidelines on Rehabilitation for Critical Illness survivors, the Government Enquiries into Dementia Care Skills of Social Care staff who support people with dementia in various settings including home, and the development of quality markers for monitoring End of Life care strategies in Nursing homes and in the community, and Preparations for our Ageing Society. We have commented on the UK Rehabilitation Council Standards document and Andrew Frank has remained an active voice for all matters concerning Vocational Rehabilitation and Carol Black's review on the Health of the Workforce. It is very satisfying to help with this process and feel that we are raising the knowledge of and profile of people with LTC with disability and perhaps improving their quality of life or services in the long term. More reviews are ongoing.

Can you help? There is some interesting work involved in responding to a consultation. You have to read the consultation papers, consider their content from the perspective of our specialist interests, and then write a response that captures your main points, with evidence if available. Consultation responses should be succinct, clear and brief, and raise interest in important questions that have been missed in the consultation document. Responses are collated and edited by a member of the Executive Committee and submitted by our Executive Secretary Sandy. Please volunteer your name to Sandy and gain some useful experience in 'Making a difference' for the BSRM.

The Silver Jubilee BSRM bike ride is drawing closer. Please make sure that your units are registered and your teams and patients prepared to do some virtual bike riding to celebrate our Silver Jubilee and to allow your unit to take part in the Silver Jubilee prize draw. I have spent some time considering the options for the real ride and have arranged to travel the length of the country, from Lands End to John O'Groats, on my bicycle on the scenic Bed and Breakfast route, as advertised by the Cyclists Touring Club. A few people have expressed an interest in cycling part of it. Please make sure your bike is in good shape, as well as your knees. The route is available from our Executive Secretary Sandy. Please let me know through Sandy which days you will be riding and give a contact telephone number so that I can be in touch with you, to discuss a meeting point. Any of you who are planning to do the Scottish part of the ride need to make sure you have made your return travel arrangements in plenty of time. There is a very low bike capacity on the train from Thurso to Inverness.

At executive level there are continuing initiatives and collaborations with other specialities in the UK. We are also working with our European and international colleagues in Rehabilitation Medicine and thank Tony Ward and Vera Neumann for their hard work. We are not seeking to merge our identity with other groups but do have a clear aim to use our strengths to work on issues of joint interest and benefit. Although only a few BSRM members are involved at executive level, I think that you will all find your professional standing is enriched if you take the time and effort to reach out to your local colleagues and develop some joint initiatives. Many of you will already be doing this. Sharing educational efforts with your Elderly Care Teams, your palliative care team, your vascular team, your rheumatology or your Pain Clinic colleagues is always appreciated and will help put Rehabilitation Medicine on the local health care map. Providing Social Services Community Care Teams with educational opportunities

and specialist training is also an excellent way to advertise your local service and build important bonds. I write this to encourage you all to play a full role in the development of Rehabilitation Medicine in your local health care environment. This is the best way to underwrite our future.

See you in Dublin!

Christine Collin

Report from the Treasurer

As you know I took over the financial reins of the BSRM from Neil Fyfe at our last AGM. I just wanted to thank Neil for a wonderful job as Treasurer for many years. He stabilised our finances which were in a rather unsatisfactory state when he started in 1993. I have a tricky act to follow. However, we are well supported by our financial advisors, Brewin Dolphin. I have been very impressed with their careful and thoughtful approach to our funds at a very difficult time. We have, of course, lost money in the present market turmoil but thanks to a cautious investment policy we have lost less than the market average. However, we need to adopt a very conservative budget for the next year or so as we are likely, at least on paper, to see our investments decline further. I am not too concerned in the medium/long term but in the short term the Treasurer will be adopting a Scrooge-like approach to spending!

Mike Barnes

Research Corner

At the last BSRM AGM held in Ermelo (as part of the Joint UK Dutch 2008 scientific meeting) there was discussion about the public relations aspects of our society. There are several ongoing initiatives promoting the work of the BSRM in various domains. It is perhaps time to include academic activities into this work. Despite the size of our society it was clear from the discussions at the AGM that many BSRM members were involved, often at high level, in various national and international academic endeavours. There was a consensus that as part of the PR initiative a small article in the BSRM newsletter highlighting research activities of BSRM members (eg gaining prestigious research awards, membership of national research panels etc) would complement the current work on improving the BSRM profile. As chair of FARM it fell on me to edit this column. To this end I would be grateful if the membership could send me information of this nature that might highlight the national and international standing of BSRM members in research activity. The information should be brief as described in this first episode of the "Research Corner". To start the ball rolling I have highlighted some of the activities that I know about and shamelessly some of these feature activities of BSRM members in London and Leeds. Of course we hope not to monopolise the column and look forward to receiving your contributions!!!

Professor Lynne Turner-Stokes has recently been awarded a prestigious NIHR Program grant of £2M to

support research into cost-efficient rehabilitation service provision: defining needs, costs and outcomes for people with long term neurological conditions. Most of you will hopefully be familiar with this project and some of you have already agreed to take part as pilot centres.

Professor Bipin Bhakta has just completed duty as member on the Health Services Research panel for the HEFCE Research Assessment Exercise 2008. This was a somewhat intense, time consuming but enjoyable task which involved assessing quality of research activity (published papers, academic esteem, environment etc) in health services research submitted by various University departments across the U.K. <http://www.rae.ac.uk/>

Dr Diane Playford has been awarded a project grant from the DoH Policy Research Programme to map vocational rehabilitation services for people with Long Term Neurological Conditions. As a result of this you will all be sent yet another questionnaire to complete. Please spare the time to complete this!

That's all for now, but please send me (through Sandy) any contributions that you think might be suitable for this column (examples given above).

Bipin Bhakta

Regional News

Northern Ireland

The DHSSPS ministerial review of services for people with acquired traumatic brain injury in Northern Ireland was released on 31st March 2009. The consultation process on the resulting action plan will close on 12th May 2009. It includes recommendations to expand the existing Rehabilitation Medicine consultant body.

Recruitment of a Band 7 specialist OT at the Regional Acquired Brain Injury Unit in Belfast will soon be in press.

Sheena Caldwell

Trainees Section

So the first round of MMC appointments have now been made, with medical specialty ST3 vacancies being filled directly from ST2 level without open competition. I am once again struck by the fact that competition for rehabilitation posts is very low indeed. Why should our specialty be an unpopular career path? I know from experience that many people in the hospitals where I work have limited exposure to Rehabilitation Medicine and there is a great lack of understanding as to exactly what we do. Medical students in Yorkshire get around 3 days of Rehabilitation Medicine training and there are few junior doctors working on rehabilitation wards. In any case, most of our work is community and outpatient based.

However I do find that the students who come into my outpatient clinics and the junior doctors who I work with or who attend my junior doctor teaching sessions are

generally very interested in what we do and get a great deal out of working with the kind of patients who come under our services. I think registrars working in Rehabilitation Medicine are in a unique position to reach out to our junior colleagues and to stimulate an interest that may turn into a career path in Rehabilitation Medicine. In Yorkshire we are piloting new educational methods, teaching multidisciplinary communication skills and starting a longer rehabilitation special study module for students. Hopefully this will be expanded and registrars will be key players in mentoring students doing special study modules and involving them in research, engineering and modern analysis and statistical techniques to improve our evidence based practice.

I can't help thinking that we need to do a lot more to raise the reputation and desirability of a career in our specialty and I'd be delighted to hear other trainees ideas about how we might achieve this. Rehabilitation Medicine is modernising and improving quickly but there is much to be done before rehabilitation is philosophically seen by the medical profession as a crucial and integral part of best modern practice.

I hope that many trainees are able to attend the BSRM conference in Dublin in May. There will be a trainees meeting there – if you would like anything to be put on the agenda for discussion please let me know in good time. I would also be very grateful if people could let me know contact details of new ST3's in Rehabilitation Medicine so that they can be included in our mailing list. Please come and find me in Dublin and keep me up to speed with what is happening across the country in terms of training, vacancies and events.

Matthew Smith matthewsmith@nhs.net

European Affairs

UEMS Section of Physical & Rehabilitation Medicine (www.euro-prm.org)

The UEMS Section met recently in Clare College, Cambridge and Vera Neumann and I hosted the General Assembly. It was a very successful meeting, supported further by great facilities and wonderful March weather, which impressed our visitors enormously.

European Board Certification and Exam

Firstly congratulations go to Drs Nuri Attagour, Lloyd Bradley, Kate Sansam, Eimear Smith and Subhasini Vandabona, who passed the 2008 Board exam. Well done for maintaining the 100% success record of UK and Irish candidates in the exam. Of the 52 candidates who took the 2008 exam in Europe, 46 passed (88%) & 6 failed (12%). Between 2000-2005 the overall failure rate was 14%.

The next exam is on 28th November 2009 and the final date for applications is 30th September. Full application details and past papers are available on the UEMS website [see above]. Trainees should look at the web site for details of Board registration and take advantage of the benefits, which include reduced rate and, in some cases, free course and conference registration abroad. The European Board fee remains at €300. There is

rumour that PMETB and JRCPTB are again considering the issue of an exit exam at the end of training and the European Board has met the latter's recommendation that any body sponsoring an exam should have at least 500 questions in its question bank. It now has over 800 questions with more being written as we speak. There may be great value, therefore, for British trainees to register with the Board. Anyone requiring further information can contact me on 01782 556 226 or by email at Anthony.Ward@uhns.nhs.uk.

European Board Re-certification

Those doctors already holding the Board's diploma are encouraged to recertify, so that they can take on trainees from elsewhere in Europe as well as the UK. Revalidation is needed after ten years. A special dispensation has been arranged to encourage you to do this. The certification period is for 10 years with re-certification lasting for a further 10 years, but a number of doctors, who gained their Board recognition between 1993 and 1998 have still not applied for renewal of their certificates. Obviously, some have retired, but, if you are still in clinical practice, you can register for 10 further years from 2009 rather than from the year your renewal was due – a saving of up to 6 years! The renewal fee is €100.

The renewal application is a simple process, for which you will need to show your CME activity over the past five years and confirm that you are still in active in clinical practice. Full details are on the web.

Accreditation of Rehabilitation Medicine Programmes

The Committee has now launched a web-based accreditation system. After a successful pilot phase in which 26 programmes mainly concerned with neurological conditions (stroke and SCI) were assessed, 13 were accredited. This accreditation system is an alternative to CARF and appears to be relevant to European style rehabilitation programmes. Further information is available on the website, www.euro-prm.org. Applications are fairly rigorously assessed on the basis of the

- (i) well-defined aims and targets of programmes
- (ii) their location and safety issues
- (iii) respect for patients' rights
- (iv) demonstration of evidence based clinical practice
- (v) demonstration that monitoring of outcomes takes place
- (vi) compliance with the audit spiral.

They are judged on

- (i) interventions (at disease/impairment levels)
- (ii) the scientific evidence (international literature)
- (iii) the national and local context (health professionals, religious and cultural beliefs, etc) and
- (iv) compliance with national guidelines and recommendations.

Application fees will be collected by the Paypal system. As an incentive, the first 20 applications will be charged only €100 instead of the standard €200-€300 (depending on the programme).

E-Books

The UEMS Section of PRM is preparing a series of e-books. Three are currently in preparation and will be delivered to Board recognised specialists and Board registered trainees free of charge. These will be on:

- **Education on PRM** – PRM teaching in undergraduate education and in postgraduate training;
- **Quality of services provision and care in PRM** - using evidence based medicine;
- **Field of competence of the specialty and of specialists in the field** – focussing on Teamwork (including non-medical roles); PRM in Acute Settings, PRM in Post-acute rehabilitation facilities and assessment and outcomes.

One of us (Vera) will be involved in editing these, so would welcome suggestions for inclusion from BSRM members during the next few weeks.

Courses

Just a reminder that the next course in the excellent European School Marseille series on Posture & Movement Analysis is from 1-11 July 2009. It is completely **free** and all you have to pay is your airfare. Cheap flights to Marseille abound.

Another course has now been set up; PhD programme in Syracuse, 19-23 October

Full details of these are on the website.

International Congresses

I hope that you will consider attending the following congresses.

- International Society of PRM Congress, Istanbul, June 13-17 2009 - (www.isprm2009.org)
- World Congress of Neurological Rehabilitation, Vienna, 21-25 March 2010 (www.wcnr2010.org)
- European Congress of PRM, Venice, May 23-27 2010 (www.cesprm2010.eu)

Attention Trainees! Trans-European Scientific Competition, European Congress in Venice

There will be another competition at the next European Congress in Venice (put the date in your diaries!) for presentations of scientific work by trainees. We must organise ourselves and produce a high calibre British candidate from entries to BSRM meetings during next year. It is a showcase of how the society presents itself and standards are high. To be eligible, you simply have to be a trainee of any grade when you started the work to be presented.

North Sea/Baltic Physical & Rehabilitation Medicine Association

We would be keen to seek your views on British participation in a proposed Baltic/North Sea Association. This would be a regional group to create ties with the Scandinavian countries, the three Baltic states, Ireland, the Netherlands, Benelux and Germany with the possibility of northern France as well. It is hoped that consultants and trainees will meet in small groups to discuss in detail some of the issues that have an impact on basic science in RM, clinical standards and clinical research. While it is recognised, that this could be yet another group in an already 'too busy' schedule, this association will bring together like-minded countries with well-established high quality rehabilitation services. Such a group could perhaps supplant our meetings with the Dutch and French. Do let me know if you think there would be any support for

British involvement in this. A meeting has been scheduled in Stockholm for March 2010. Should we participate as a Society?

Tony Ward & Vera Neumann

Publications

Spasticity in Adults: Management Using Botulinum Toxin

These national guidelines were produced jointly by the BSRM, RCP, CSP and ACPIN with the purpose to provide clinicians with the knowledge and tools to use botulinum toxin effectively.

BSRM has a limited supply of these and will be happy to send a copy to members free of charge, while stocks last (one copy only)! Further copies may be purchased from the Publications Dept at the RCP for £20 www.rcplondon.ac.uk/pubs/

'Advance Care Planning'

BSRM were pleased to endorse these national guidelines which were produced to inform health and social care professionals on how best to manage advance care planning in clinical practice.

Copies are available from the Royal College of Physicians' Publications Dept priced £9.00

www.rcplondon.ac.uk/pubs/

NICE Guidelines on Critical Illness Rehabilitation

The NICE guidelines on Critical Illness Rehabilitation have been published and are available at: <http://www.nice.org.uk/Guidance/CG83>

To coincide with the launch of these NICE Guidelines, BSRM and others published a Joint Statement on Critical Care Rehabilitation in which the contribution of the Rehabilitation Medicine physician following critical illness is firmly acknowledged (copy of statement is on the BSRM website).

Baby Taxi Dream Becomes Reality Thanks to the Generosity of BSRM Members

Following an excellent presentation by Valerie Taylor, Co-founder of the Centre for the Rehabilitation of the paralysed, Bangladesh, at the Spring 2007 meeting, Chris Ward challenged BSRM members to raise £2000 to fund a new baby taxi and we were delighted to send them a cheque last year. At the time of going to press, news was received that the baby taxi has been purchased and adapted so that it can be driven by

Riaz, a paraplegic driver from Narayanganj. Riaz is currently receiving lessons and, once competent will be able to work driving the baby taxi. The idea is that he leases the baby taxi, with the income received going towards purchasing the next baby taxi.

Valerie Taylor would like to express her gratitude to all those who gave so generously and has promised to send us a picture of Riaz at work.

Welcome to the following new members

Dr Ashraff Ali, *Acting Consultant in Neuro-rehabilitation, Royal Hospital for Neurodisability London*

Dr Bhaskar Basu, *ST3 Specialty Registrar - Rehabilitation Medicine, Rakehead Rehab Centre, Burnley*

Dr Clive K Bezzina, *Specialist Registrar in Rehabilitation Medicine, Cambridge/Norwich*

Dr Lisa Cogan, *Research Fellow SpR - Geriatric Medicine, TRIL Clinic St James Hospital, Co. Dublin*

Dr Manohar Kini, *ST3 - Rehabilitation Medicine, St Mary's Hospital, Leeds*

Dr Sreedhar Kolli, *Specialist Registrar in Rehabilitation Medicine, Rookwood Hospital, Cardiff*

Dr Ramaswamy Pankajam Hariharan, *Staff Grade Doctor - Spinal Injuries Rehab, SI Centre, Pinderfields Hospital, Wakefield*

Dr Raja Shoaib, *ST3 - Rehabilitation Medicine, Royal Berkshire Hospital, Reading*

Mr Julkiflaxhan Tadvi, *Specialist Registrar - Rehabilitation Medicine, Southampton University Hospital, Southampton*

Dr Sarafudheen Villan, *Specialist Registrar in Rehabilitation Medicine, DSC St Mary's Hospital, Portsmouth*

REHAB DIARY



Please note that all meetings advertised as BSRM meetings are approved for the purposes of CPD.

Contact for BSRM Meetings:
www.bsrm.co.uk or Sandy Weatherhead,
(admin@bsrm.co.uk or 01992 638865)

BSRM MEETINGS

BSRM SPRING MEETING 'Rehabilitation Medicine – From Cradle to Grave', 14 & 15 May 2009, Dublin
Contact: Sandy Weatherhead, BSRM 01992 638865
admin@bsrm.co.uk www.bsrm.co.uk

BSRM EAT TRAINING DAY, 5 June 2009, Liverpool
Contact: Tia Jones Tel: 0151 529 5484 or 2022
tia.jones@thewaltoncentre.nhs.uk

BSRM SILVER JUBILEE MEETING, 30 September-2 October 2009, Oxford
Contact: Sandy Weatherhead, BSRM 01992 638865
admin@bsrm.co.uk www.bsrm.co.uk

OTHER MEETINGS

2009

INTENSIVE NEURO-RADIOLOGY COURSE, 13th May 2009, Coventry
Contact: Rachel Davies tel: 02476 968722
Email: Rachel.davies@uhcw.nhs.uk

BSRM SPRING MEETING 'Rehabilitation Medicine – from Cradle to Grave', 14 & 15 May 2009, Dublin
Contact: Sandy Weatherhead, BSRM 01992 638865
admin@bsrm.co.uk www.bsrm.co.uk

BSRM EAT TRAINING DAY, 5 June 2009, Liverpool
Contact: Tia Jones Tel: 0151 529 5484 or 2022
tia.jones@thewaltoncentre.nhs.uk

BRAIN INJURY IN THE FAMILY, 12 June 2009, Oxford
Contact: Emma Daly, Charles Lucas & Marshall Solicitors
Radnor House, 28 Bartholomew Street, Newbury, Berkshire RG14 5EU
Tel: 01635-521212
Email: emma.daly@clmlaw.co.uk www.clmlaw.co.uk

5th WORLD CONGRESS OF THE INTERNATIONAL SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE, 13-17 June 2009, Istanbul, Turkey
Contact: Congress Secretariat +90 212 343 80 03
secretariat@isprm2009.org

WORKSHOP ON VOCATIONAL REHABILITATION FOR PEOPLE WITH MS, 18 June 2009, London
Contact: Christine Stephens-Volante, Tel: 0845 1 555 000 x 723476
email: christine.stephens-volante@uclh.org

HOW TO DELIVER AN EFFECTIVE COMMUNITY NEURO REHABILITATION SERVICE, Leeds, Wednesday 24 June 2009
Contact: Adele Archer, Conference Co-ordinator
Community Rehabilitation Unit, St Mary's Hospital, Greenhill Road, Armley, Leeds, LS12 3QE
Tel: (0113) 3055086 Email: adele.archer@nhs.net

ABN ANNUAL MEETING, 22-26 June 2009, Liverpool
Contact: Karen Reeves tel: 020 7405 4060
http://abn.org.uk/meetings/annual-meeting.php

SRR SUMMER MEETING, 1 & 2 July 2009, Bath
Contact: Patricia Dziunka Patricia.dziunka@srr.org.uk Tel: 0115 823 0244

EUROPEAN SCHOOL MARSEILLE "MOTOR DISABILITIES: POSTURE AND MOVEMENT ANALYSIS, REHABILITATION, NEUROPHYSIOLOGY", 1-10 July 2009
Contact: Professeur Alain Delarque, Pôle de Médecine Physique et de Réadaptation, C.H.U. Timone 13385 Marseille Cedex 5 Tel : 00 33 (0)4 91385601
Email: alain.delarque@ap-hm.fr <http://www.univmed.fr/esm/>

INNERVATE CONFERENCE LIFEPSYCHOL, 7 & 8 July 2009, Birmingham
Contact: Inervate 020 7554 4044 www.lifepsychol.com/

"THE 8TH CAMBRIDGE / UCLA COURSE ON 'CLINICAL EXERCISE TESTING AND INTERPRETATION – A PRACTICAL APPROACH', 30th and 31st July 2009, Cambridge. Contact: Dr Jenner, c/o michelle.joyce@addenbrookes.nhs.uk

BSRM SILVER JUBILEE MEETING, 30 September-2 October 2009, Oxford
Contact: Sandy Weatherhead, BSRM 01992 638865
admin@bsrm.co.uk www.bsrm.co.uk

ISPO UKNMS Conference, 9-10 October 2009, Chester
Contact: Irene Cameron Tel: 0141 560 4092 Email: info@ispo.org.uk www.ispo.org.uk

4TH OSWESTRY SPINAL TRAUMA SYMPOSIUM 2010, Oswestry 11-13 November 2009,
Contact: Alison Whitelaw Tel: 01691404661
Email: alison.whitelaw@rjah.nhs.uk

**** UKABIF Conference 'DEVELOPMENTS IN ACQUIRED BRAIN INJURY', 11 November 2009, London**
Contact: Chloe Hayward, UKABIF, PO Box 355, Plymouth PL3 4WD Email: ukabif@btconnect.com tel: 01752 601318
www.ukabif.org.uk

2010

WORLD CONGRESS OF NEUROLOGICAL REHABILITATION, Vienna, 21-25 March 2010
www.wcnr2010.org

EUROPEAN CONGRESS OF PRM, Venice
23-27-May 2010 www.cesprm2010.eu

BSRM, PMG & SPMN Joint INTERNATIONAL CONFERENCE on POSTURE AND WHEELED MOBILITY, 7-9 June 2010 "Best Practice - Hit or Myth?"
Contact: Olwen Ellis, Tel/Fax: 0845 1301 764
olwen.ellis@pmguk.co.uk

UKABIF

****The UK Acquired Brain Injury Forum** (www.ukabif.org.uk) has a broad multidisciplinary membership, including health professionals, lawyers, case managers and people with ABI. Their aim is to promote the understanding of acquired brain injury through education and lobbying and they have an active parliamentary group with a number of MPs and peers. There are now 18 regional ABIFs and many have been really successful at raising awareness of ABI issues and influencing policy. If anyone in the Leeds/Sheffield area, Wales or Northern Ireland is interested in starting a group then please contact Mike Barnes, UKABIF Chair, or Chloe Hayward (ukabif@btconnect.com) as these parts of the country are still not represented in the ABIF "family".

CPD AWARDED TO BSRM MEETINGS

9th Advanced Prosthetic & Amputee Rehabilitation Course – 16-18 March 2009
Event Code Number 48241 – 18 credits

BSRM-IARM Joint Spring Meeting 'Rehabilitation Medicine – From Cradle to Grave'
14 & 15 May 2009
Event Code Number 47932 – 12 credits

BSRM Prizes 2009

The closing date for submissions is **September 28th**. It remains the right of BSRM not to award a prize if no application of sufficient merit is made.

Further information, criteria, marking schemes www.bsrm.co.uk

BSRM Philip Nichols Prize Now open to new consultants Value: £500

The Philip Nichols Prize is awarded annually on a competitive basis and is awarded for excellence. Trainees and newly appointed consultants (3 years or less) are eligible to apply. In the case of consultants, the work submitted must have been undertaken whilst a trainee.

Submissions must be pertinent to Rehabilitation Medicine and may include case reports, literature reviews and original research. Entries should be between 5,000 & 7,500 words and should demonstrate

- solid understanding of research skills
- scientific rigour including suitable discussion of strengths and weaknesses, a suitable critical appraisal of the existing literature and what steps authors have taken to ensure that their knowledge of the literature is complete, eg details of their search technique.

Submissions will, in the first instance, be peer reviewed by a relevant independent panel member after which feedback will be provided to authors who may wish to revise their submission prior to formal adjudication.

Successful authors will be invited to present their work at a national meeting of the BSRM.

Medical Student's Essay Prize Value: £250

The BSRM Medical Student's Essay Prize is awarded annually on a competitive basis. All UK Medical Students are eligible to apply.

There is no application form but submissions should be

- up to 2,500 words in length
- on a subject pertinent to Rehabilitation Medicine from a medical, biological or sociological point of view
- Include a review of relevant literature.

Particular credit will be given for original thought and accounts of personal experience. Further details of criteria and mark scheme are available from BSRM.

BSRM Travelling Scholarship Value: Up to £600

The BSRM Travelling Scholarship is awarded annually on a competitive basis to facilitate travel for the purpose of furthering experience in Rehabilitation Medicine. It is open to all medical doctors, in training posts, in Non Consultant Career Grade posts, and Consultant posts working within the NHS in the UK.

Applications should be made to BSRM upon an application form, supported by a submission of not more than 1000 words outlining:

- the objective of travel
- potential benefits to the applicant
- relevance of the travel to practice of Rehabilitation Medicine

Applications must be submitted by September 28th and the Education Sub Committee of BSRM will adjudicate and decide to whom the Scholarship will be awarded by December 1st. In the event of two or more applications being of equal merit, preference will be given to applicants with limited access to alternative funding.

The Scholarship has a maximum value of £600. This may not be used to meet the costs of the travel in full. Applicants must indicate from where other funding has been sought.

It is a condition of the award of the Scholarship that the recipient must submit a written report to the BSRM on the travel within 3 months of its completion.

The decision of the Education Sub Committee is final and no communication can be entered into between applicants and the BSRM on this matter.



BSRM Silver Jubilee Cycle Ride

Lands End to John O'Groats – 22 May-7 June 2009

Don't Just Sit There!!

We are pleased to bring you further news of the Silver Jubilee Cycle Ride and encourage as many of you as possible, with your teams and patients, to participate. We aim to obtain as much publicity as possible along the way thus raising the profile of BSRM and Rehabilitation Medicine. Our President, Christine Collin, will cycle the entire route and looks forward to your company.

When is the ride?

The ride will take place from Friday 22 May to Sunday 7 June 2009, but you can join in for as much of this as you are able – in person or 'virtually'.

Where is the ride?

The ride starts on 22 May at Lands End and finishes on 7 June at John O'Groats – a route is attached with dates and mileage.

Who is it for?

This is a fun event to raise the profile of BSRM and Rehabilitation Medicine. BSRM Members, their families, colleagues and their patients are welcome to participate.

How can everyone participate?

The ride provides the opportunity for participation by braving the terrain and the elements to cycle part of the route, but also for those unable or unwilling to cycle on the road for whatever reason, participation can be virtual. Mileage can be clocked up in the department/gym. If you would like to borrow a Motomed machine for virtual participation we have been offered a limited number on a loan basis, so let me know and I will pass your details on to Motomed.

I want to participate – what next?

You can register via the BSRM website www.bsrn.co.uk and it is free! Please register as soon as possible so that we can keep you informed of the plans. During the cycle ride you will be able to submit your/your unit's mileage regularly. With your permission we will include your mileage in a 'league table' on the BSRM website so that those of you who are truly competitive can gain real satisfaction from beating your colleague's total!

Incentives!

The units/individuals who clock up more than 25 miles will be entered into a prize draw. The draw and presentation of the prize will take place at the BSRM Silver Jubilee Meeting in Oxford (30 September-2 October 2009). There will also be goodies and certificates for all participants.

Finally, if you are able to help in any way in addition to cycling – by forwarding details of a local press contact, taking photographs of your local ride etc – please let us know. admin@bsrm.co.uk